

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

COMPREHENSIVE COMMUNITY PLAN CERTIFICATION

As a representative of the Local Coordinating Council for Knox County, I hereby certify that the information contained herein is true and accurate to the best of my knowledge and belief, and was prepared for the purpose of gaining access to the County Drug-Free Community Fund in accordance with Indiana Code 5-2-11. I also hereby certify that the Local Coordinating Council for Knox County has completed, reviewed, and approved the Comprehensive Community Plan as a collaborative body, acting within the interests of the community.

By submitting this Comprehensive Community Plan, I understand that the Indiana Criminal Justice Institute (ICJI) may, at its discretion, not approve of the Comprehensive Community Plan should it fail to meet any legal requirements and/or is not submitted to ICJI by the April 1st deadline. I further understand that should the Comprehensive Community Plan not be approved, ICJI will provide a reasonable time to cure any such defects that resulted in non-approval. Should any defects not be cured in a timely manner, I understand that an administrative hold may be placed on the County Drug-Free Community Fund pursuant to Indiana Code § 5-2-11-5-(d). Additionally, I understand and acknowledge that the Local Coordinating Council must submit quarterly progress reports to ICJI in order to maintain an active status and remain in compliance with its Comprehensive Community Plan.

SARA HIGGS [Signature] 3/31/23 SHIGGS@KNOXCOUNTY.IN.GOV
LCC President Name (Printed) President Signature & Date Email

Mckenzie Young [Signature] 3/31/23 myoung@cfsindiana.org
LCC Coordinator Name (Printed) Coordinator Signature & Date Email

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Knox County

LCC Name: Knox County Local Coordinating Council

LCC Contact: McKenzie Young; Children & Family Services Corporation

Address: 105 Broadway Street

City: Vincennes

Phone: 812-890-6651

Email: myoung@cfsindiana.org

County Commissioners:

Address: Knox County Courthouse; Auditor's Office

City: Vincennes

Zip Code: 47591

Vision Statement

What is your Local Coordinating Council's vision statement?

The Knox County LCC inspires a community free of drug and alcohol abuse.

Mission Statement

What is your Local Coordinating Council's mission statement?

The Local Coordinating Council (LCC) is a cooperative county-wide effort to reduce the misuse of alcohol, tobacco, and other drugs: to implement a comprehensive plan of prevention, intervention, education, and justice for all persons of the county: to coordinate efforts to combat their effectiveness.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Joseph Williams	Superior Court II	White	Male	Treatment
2	McKenzie Young	LCC / CFS	White	Female	Prevention
3	Sara Higgs	Knox Co Drug & Alcohol Program	White	Female	Treatment
4	Bill Gadberry	Indiana State PD	White	Male	Criminal Justice
5	James Rees	Knox Probation	White	Male	Criminal Justice
6	John Fuller	Sherriff's Dept	White	Male	Criminal Justice
7	Jennifer Andrews	VU Counseling	White	Female	Prevention/Treatment
8	Tania Willis	Life After Meth	White	Female	Treatment
9	Denise Swink	Knox Co CASA	White	Female	Prevention
10	Jessica Shaeffer	Samaritan Center	White	Female	Treatment
11	Tina Hidde	Vincennes School Corp	White	Female	Prevention
12	Greg Risley	Bicknell Business	White	Male	Treatment
13	Dawn Elkins	North Knox School Corp	White	Female	Prevention
14	Bryan Bible	Vincennes PD	White	Male	Criminal Justice
15	Matt Toothman	South Knox School Corp	White	Male	Prevention
16	Krystle Russell	Tobacco Prevention Cessation	White	Female	Prevention
17	Cathy Bush	Hope's Voice	White	Female	Prevention
18	Warren English Malone	WIN Recovery	Black	Male	Treatment
19	Tucker Smith	CFS	White	Male	Prevention/Treatment
20	Ashley Charleston	GSH	White	Female	Prevention/Treatment
21	Mark Storm	Courage House	White	Male	Treatment
22	Christina Wicks	ITVAP	White	Female	Prevention
23	Melissa Haff	Hope's Voice	White	Female	Prevention
24	Marsha Bishop	Life After Meth	White	Female	Treatment
25	Terry Johnson	Vincennes PD	White	Male	Criminal Justice
26	Dirk Carnahan	Knox Co Prosecutor	White	Male	Criminal Justice
27	Kelsey Carr	CFS	White	Female	Prevention

28	Laura Jimenez	GSH/SOR	White	Female	Treatment
29	Troy Pickel	CEO	White	Male	Treatment
30	Kenna Dillion	Knox County Drug Court	White	Female	Treatment
31	Lily Pesavento	WIN Recovery	White	Female	Treatment

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

Knox County Cares meets on the first Wednesday of every month.

Community Needs Assessment: Results

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name Knox County
County Population 35,956 (U.S. Census Bureau, 2022)
Schools in the community Vincennes Community School Corporation North Knox School Corporation South Knox School Corporation Vincennes Catholic Schools Vincennes University
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) Good Samaritan Hospital VA Clinic PACE

<p>Federally Qualified Health Center Vincennes University Clinic WIN Recovery</p>
<p>Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)</p> <p>Good Samaritan Hospital Samaritan Center WIN Recovery Raintree Vincennes University Children & Family Services Corp. (CFS) Moxie Counseling</p>
<p>Service agencies/organizations</p> <p>Hoosier Uplands LAM United Way PACE CFS Rotary Kiwanis Club Chamber of Commerce</p>
<p>Local media outlets that reach the community</p> <p>WVUB/WBUT Vincennes Sun Commercial WZDM TOC</p>
<p>What are the substances that are most problematic in your community?</p> <p>Methamphetamine Opioids Prescription drugs Alcohol Tobacco/Vaping/Nicotine Devices</p>
<p>List all substance use/misuse services/activities/programs presently taking place in the community:</p> <p>Life After Meth (LAM) Narcan Centers Celebrate Recovery Courage House Knox Co. Drug Court Drug & Alcohol Program AA/NA Addiction Solutions</p>

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1. Alcohol, tobacco, and other drugs (ATOD) are readily available for youth consumption.	1) Law enforcement agencies 2) Educational prevention campaigns and events 3) Drug take-back events that safely dispose of drugs and increase awareness of drug availability.	1) Lack of safe spaces for youth to gather/socialize. 2) General acceptance of youth using substances such as nicotine, alcohol, and marijuana 3) Low perception of harm
2. Untreated mental health issues co-related with substance misuse	1) Community mental health centers 2) School social workers	1) Lack of data collection 2) Lack of funding for justice and treatment programs

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

	3) Peer Recovery Specialists	3) Staff shortages across the county
1. Intergenerational substance misuse	<ul style="list-style-type: none"> 1) Prevention programming (e.g., Early Head Start, Strengthening Families Program, etc.) 2) Low unemployment within the community 3) Faith based communities. 	<ul style="list-style-type: none"> 1) Poverty 2) Limited education/awareness 3) Limited involvement with treatment providers
Protective Factors	Resources/Assets	Limitations/Gaps
1. Cooperation between service providers and justice entities	<ul style="list-style-type: none"> 1) Drug Court/Recovery Supports/LEAD 2) ATOD Coalitions and KCC 3) Faith-based organizations 	<ul style="list-style-type: none"> 1) Lack of data collection 2) Funding for justice and treatment programs 3) Staff shortages across the county
2. Strong community coalition work	<ul style="list-style-type: none"> 1) Diversity amongst coalition participants and agencies 2) Significant participation within the coalition 3) Support of community-based events and activities 	<ul style="list-style-type: none"> 1) Same/repeat involvement with members 2) Uninvolved community entity participation 3) No youth representation or participation
3. Community events and activities	<ul style="list-style-type: none"> 1) Numerous free community events 2) Several civic organizations 3) Large faith-based community 4) Margaret Compton Recovery Hub 	<ul style="list-style-type: none"> 1) Transportation barriers in a largely rural county 2) Limited participation ability with activities due to poverty or employment conflicts 3) Limited engagement of high-risk populations

Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements and ensure problems statements are in line with statutory requirements.

Step 2: Ensure your problem statements are evidence-informed, then prioritize.

Step 3: Brainstorm what can be done about each.

Step 4: Prioritize your list and develop SMART goal statements for each.

Step 5: List the steps to achieve each goal.

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1.) Alcohol, nicotine, and other substances are readily available for youth and adults in the community.	1) There is ready access to ATOD by youth in the county. 2) There is a significant lack of knowledge, in both youth and adults, related to the consequences of ATOD.
2.) Mental health issues related to substance misuse affect the quality of life for adults.	1) There are limited resources available to address substance use disorder. 2) There are significant delays in accessing mental health services for individuals. 3) Limited transportation availability in a rural county impedes seeking treatment services. 4) Lack of awareness of services available.
3.) Intergenerational substance use	1) At risk population groups living in the county exhibit high rates of substance misuse. 2) Low educational attainment is identified as a risk factor for substance misuse.

	3) Lack of access to programs that foster healthy family relationships.
--	---

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Youth and adults have high rates of social access to ATOD.	<ul style="list-style-type: none"> The average age of first use of any substances in Knox County is age 12. Adults in Knox County are above the state average in the following substance use related health behaviors: adult smoking, alcohol-impaired deaths, and frequent mental distress. Knox County is just under the state average at 17% for excessive drinking. (2022 County Health Rankings, Knox County) 	<p>Indiana Youth Survey, 2022</p> <p>Knox County Indiana Robert Johnson County Health Rankings and Roadmaps 2022</p>
2. Individuals in Knox County need increased access to social and financial supports to remove barriers in treatment and recovery.	<ul style="list-style-type: none"> Knox County currently has a prescribing rate of 827.4 prescriptions per 1,000 residents for opioid in 2022. (Indiana Next Level Recovery data hub) Knox County has been identified by the Indiana Office of Community and Rural Affairs (OCRA) as a rural opportunity zone. (OCRA, 2022) 	<p>Knox County Indiana Robert Johnson County Health Rankings and Roadmaps 2022</p> <p>OCRA: Opportunity Zones (in.gov)</p> <p>Indiana State Next Level Recovery Data. County Specific; 2022</p>

	<ul style="list-style-type: none"> ▪ Youth in Knox County are significantly disadvantaged compared to other parts of the state, as data reflects that 19% of children in Knox County, under the age of 18, live in poverty. (2022 County Health Rankings, Knox County) ▪ Knox County families fall below the poverty level and all of Knox County school corporations have had a higher-than-average free or reduced lunch rate at 51%, above the state and national average. (2022 County Health Rankings, Knox County) 	
<p>3. Multiple barriers that inhibit access to prevention, treatment, and recovery services.</p>	<ul style="list-style-type: none"> • The overall poverty rate for Knox County is 15.1% for the entire zip code population. (2022 County Health Rankings, Knox County) • 540:1 mental health clinician to client ratio in Knox County. (2022 County Health Rankings, Knox County) • 30% of Knox County students report hopeless, depressed, and mentally distressed. (INYS, 2022) 	<p>Knox County Indiana Robert Johnson County Health Rankings and Roadmaps 2022</p> <p>Indiana Youth Survey 2022</p>

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
<p>1. Youth and adults have high rates of social access to ATOD.</p>	<ol style="list-style-type: none"> 1) Fund equipment, materials, supplies, and training to aid in all three funding categories when combating the use of mood-altering substances. 2) Support programs in all county schools and educational facilities with prevention campaigns and educational programs. 3) Support availability of substance use treatment and intervention services addressing substance use. This could include trainings, counseling services, program supplies, after-care services, and activities that assist those in recovery.
<p>2. Individuals in Knox County need increased access to social and financial supports to remove barriers in treatment and recovery.</p>	<ol style="list-style-type: none"> 1) Support availability of substance use treatment and intervention services. This could include trainings, counseling services, program supplies, and after-care services. 2) Support individuals in recovery. Providing incentives to maintain recovery including hosting events to increase social supports and/or assisting with relief of financial barriers.
<p>3. Multiple barriers exist that inhibit access to prevention and treatment recovery services.</p>	<ol style="list-style-type: none"> 1. Support availability of substance use treatment and intervention services. This could include trainings, counseling services, program supplies, and after care services. 2. Funding more activities for certified peer recovery coaches in the county

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1
<p>Goal 1 The KCC will reduce substance misuse for youth and adults, as measured by a decrease of at least 1% of substance misuse related health behaviors in the INYS 2023 and 2023 County Health Rankings Knox County. If a reduction of 1% is not achieved by the next fiscal year, the goal will be reevaluated.</p>
<p>Goal 2 The KCC will fund at least two grants that promote awareness of substance misuse within the community and/or support prevention education within the schools. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>
Problem Statement #2
<p>Goal 1 The KCC will support at least three community events to promote and increase awareness of services available by the end of next fiscal year. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>
<p>Goal 2 The KCC will fund at least two grants that support individuals in recovery to increase social supports and/or assist with relief of financial barriers. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>
Problem Statement #3
<p>Goal 1: The KCC will fund at least one project that aids in raising awareness of available services locally and statewide. The KCC will also participate in the project, if applicable. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>
<p>Goal 2 The KCC will fund at least two initiatives whose goal is to remove barriers to SUD treatment, boost prevention, and aid in recovery and justice efforts. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each.

Problem Statement #1	Steps
<p>Goal 1 The KCC will reduce substance misuse for youth and adults, as measured by a decrease of at least 1% of substance misuse related health behaviors in the INYS 2023 and 2023 County Health Rankings Knox County. If a reduction of 1% is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ol style="list-style-type: none"> 1) Prevention – Fund prevention and education programs focused on reducing youth/adults’ substance use. 2) Intervention – Support the provision of treatment assessments and counseling services for youth/adults engaging in substance misuse. 3) Justice – Support Justice and Law Enforcement activities that reduce access to youth/adults’ substance use. 4) Support education and programming efforts relating to ATOD and related risk factors.
<p>Goal 2 The KCC will fund at least two grants that promote awareness of substance misuse within the community and/or support prevention education within the schools. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ol style="list-style-type: none"> 1) Prevention – Support educational programming that increases awareness of nicotine, alcohol, and other substance misuse. 2) Treatment – Support the provision of tobacco cessation and other SUD treatment. 3) Justice – Support justice and law enforcement activities that identify and intervene with substance misuse. 4) Support prevention efforts that relate to reduction of social access and harm.
Problem Statement #2	Steps
<p>Goal 1 The KCC will support at least three community events to promote and increase awareness of</p>	<ol style="list-style-type: none"> 1) Increase presence in the community to spread awareness and grow membership.

<p>services available by the end of next fiscal year. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ol style="list-style-type: none"> 2) Active engagement and support of community partners. 3) Justice – Support justice and law enforcement activities that identify and intervene with youth and adults who have SUD.
<p>Goal 2 The KCC will fund at least two grants that support individuals in recovery to increase social supports and/or assist with relief of financial barriers. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ol style="list-style-type: none"> 1) Invest in training, activities, and/or programming that reduce the use of ATOD. 2) Support programming that increases awareness of ATOD in the community. 3) Support programming or trainings that aim to improve overall well-being (consistent with SAMHSA’s Eight Dimensions of Wellness)
<p>Problem Statement #3</p>	<p>Steps</p>
<p>Goal 1 The KCC will fund at least one project that aids in raising awareness of available services locally and statewide. The KCC will also participate in the project, if applicable. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ol style="list-style-type: none"> 1) Increase awareness of prevention and treatment services. 2) Support organizations that are working toward prevention of substance misuse. 3) Justice – Support justice and law enforcement activities that identify and intervene with youth and adults who have SUD.
<p>Goal 2 The KCC will fund at least two initiatives whose goal is to remove barriers to SUD treatment, boost prevention, and aid in recovery and justice efforts. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ol style="list-style-type: none"> 1) Consult with community partners to identify unknown barriers to prevention and treatment in the community. 2) Support initiatives that assist in removing barriers relating to ATOD.

	3) Justice – Support justice and law enforcement activities that identify and intervene with youth and adults who have SUD.
--	---

Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC’s fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year: \$48,000.00		
Amount of unused funds that rolled over from the previous year: \$ 6,101.18		
Total funds available for programs and administrative costs for the upcoming year: \$48,000.00		
Amount of funds granted the year prior: \$41,898.82		
How much money is received from the following entities (if no money is received, please enter \$0.00):		
Substance Abuse and Mental Health Services Administration (SAMHSA): 0.00		
Bureau of Justice Administration (BJA): 0.00		
Office of National Drug Control Policy (ONDCP): 0.00		
Indiana State Department of Health (ISDH): 0.00		
Indiana Department of Education (DOE): 0.00		
Indiana Division of Mental Health and Addiction (DMHA): 0.00		
Indiana Family and Social Services Administration (FSSA): 0.00		
Local entities: 0.00		
Other: 0.00		
Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):		
Prevention/Education: \$12,000.00	Intervention/Treatment: \$12,000.00	Justice: \$12,000.00
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator Fees		\$8,000.00
Administrative needs (e.g. food, supplies, marketing)		\$4,000.00
Funding allotted by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$6,000.00	Goal 1: \$6,000.00	Goal 1: \$6,000.00

Goal 2: \$6,000.00	Goal 2: \$6,000.00	Goal 2: \$6,000.00
--------------------	--------------------	--------------------