

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Decatur

LCC Name: Community Action Coalition

LCC Contact: Gracie Maxwell

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County Commissioners: Tony Blodgett, Mark Koors, & Jerome Buening

Address: 150 Courthouse Square

City: Greensburg, IN

Zip Code: 47240

Vision Statement

What is your Local Coordinating Council's vision statement?

The Community Action Coalition of Decatur County strives to create a community that promotes the mental and physical health of every citizen.

Mission Statement

What is your Local Coordinating Council's mission statement?

The Community Action Coalition of Decatur County works to significantly improve the mental health and well-being of all members of the community through counseling, education, empowerment, advocacy, and connection.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Barb Lecher	North Decatur High School	W	F	Prevention/Education
2	David Crawley	Decatur County Detention Center	W	M	Criminal Justice
3	Devan Dwenger	Speranza House	W	F	Treatment/Intervention
4	Chris Ooley	Choices	W	M	Treatment/Intervention
5	Carrie Hess	South Decatur High School	W	F	Education
6	Jamie Bridges	Master's Student	W	F	----
7	Sandra Gabbard	Decatur County Healthy Families	W	F	Labor

LCC Meeting Schedule:
<p>Please provide the months the LCC meets throughout the year:</p> <p>January March May July September November</p>

II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name Decatur County
County Population 26,320
Schools in the community Greensburg Elementary (K-5) Greensburg Junior High (6-8) Greensburg High (9-12) North Decatur Elementary (K-6) North Decatur Jr./Sr. High (7-12) South Decatur Elementary (K-6) South Decatur Jr./Sr. High (7-12) St. Mary's (K-8) Good Shepherd Christian Academy (K-5) Greensburg Homeschoolers
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) Decatur County Memorial Hospital Community Healthcare Clinic of Decatur County Well Clinic Urgent Care Multi-Medical Specialty Clinic Children's Healthcare of Decatur County Women's Care
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.) Centerstone Janelle Batta (LCSW) Kendra Martin (LCSW) Elizabeth Owens (LCSW)
Service agencies/organizations

Chamber of Commerce
Decatur County Emergency Management
Decatur County Community Foundation
Decatur County Family YMCA
Champions of Youth
Optimist Club
Kiwanis
Rotary
Human Services
Decatur County United Fund
Fraternal Order of Police
Kids Closet of Decatur County
Lions Club
Meals on Wheels
The Ark
Greensburg Bread of Life
Alcoholics Anonymous
Narcotics Anonymous
Celebrate Recovery
Greensburg Prevention Group
New Directions
Tri Kappa
Psi Iota Zi
Delta Theta Tau
Department of Child Services
Women Infant and Children (WIC)
One Community, One Family
Decatur County Health Department
Choices Emergency Response Team

Local media outlets that reach the community

Greensburg Daily Newspaper
WTRE Radio
WRBI Radio
Tree City Times
The 812

What are the substances that are most problematic in your community?

Methamphetamine
Opiates (Heroin)
Marijuana
THC Vapes
Vapor Cigarettes
Cigarettes
Fentanyl

List all substance use/misuse services/activities/programs presently taking place in the community

Red Ribbon Activities (Schools)
Celebrate Recovery

Alcoholics Anonymous
 Centerstone
 Choices Emergency Response Team
 Speranza House
 Wesleyan Church Lifeline Programs
 National Night Out Activities
 Lunch and Learn Community Programs
 Take Back Drug Programs
 Students Against Destructive Decisions
 The Ark
 The Kennedy House
 Foundaation for Recovery

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1.Limited Substance Abuse and Mental Health Resources	1.Centerstone Community Mental Health 2. Two Private Practice Counselors 3.Some grant funding is available 4. Increased awareness of mental health needs 5. Four Rehabilitation homes	1.Long wait times to receive an apointment with community mental health 2.Long wait times for private practice counseling or no returned call due to limited availability 3.Waiting list to get into Rehabilitation Homes due to limited beds 4. Transportation

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

		5. Childcare for patients
2. Generational Substance Abuse	<p>1. Community Mental Health Providers</p> <p>2. School Cooperations with substance abuse education</p> <p>3. Faith Based Organizations</p>	<p>1. Poverty and transportation</p> <p>2. Lack of School substance abuse education</p> <p>3. Counselor unable to keep up with educational counseling, mental health counseling, and substance abuse counseling</p> <p>4. Family based trauma and experiences</p> <p>5. Lack of community awareness events and information</p> <p>6. Lack of coordination of services among service providers</p>
3. Lack of Prevention Methods among children and teens in schools.	<p>1. School Counselors work in the school providing periodic, evidence based services such as Red Ribbon Activities, SADD, and roundtable discussions</p> <p>2. In Indiana, possession, use, provide to, or sale of a nicotine product to anyone under the legal age of 21 is illegal.</p> <p>3. In Indiana, possession, use provide to, or sale of alcohol to anyone under the legal age of 21 is illegal.</p> <p>4. Some grant funding is available locally.</p> <p>5. Decatur County Health Department</p> <p>6. Private and Public counseling/treatment services</p> <p>7. County Court Services (Juvenile Division)</p>	<p>1. Nearby states have legalized marijuana use.</p> <p>2. Vaping is commonly viewed as a safer alternative than cigarettes</p> <p>3. Alcohol is viewed as less dangerous than drug use for teens</p> <p>4. Misinformation is seen and heard in media</p> <p>5. Limited community and treatment services</p>
Protective Factors	Resources/Assets	Limitations/Gaps

<p>1. Meaningful Recovery/Awareness Engagement Opportunities</p>	<p>1. Yearly Recovery Walk 2. Yearly Recovery Banquet 3. Increased awareness of mental health needs</p>	<p>1. Events are annual and should be increased to at least monthly 2. Lack of awareness and advertisement of events 3. Lack of funding 4. Limited local treatment options 5. Programming in local county jail 6. Transportation</p>
<p>2. Multiple Faith Based Organizations that promote positive family connection</p>	<p>1. Faith Based Programs 2. School events that promote togetherness 3. Community Leadership</p>	<p>1. Lack of secular programming 2. Lack of advertisement of events 3. Lack of funding 4. Lack of local activities for families that are affordable to all income levels 5. Transportation 5. Lack of housing for those with criminal records, poor credit, poor rental history, or financial stability</p>
<p>3. Meaningful youth engagement opportunities</p>	<p>1. Local Church Youth Groups 2. School and community sports programs 3. County 4H Program 4. Evidence based school programs</p>	<p>1. Lack of funding 2. Lack of transportation 3. Lack of interests from students</p>

III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP)

is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Limited Substance Abuse and Mental Health Services/Awareness in Decatur County.	1. Few licensed mental health care professionals or facilities exist within the county. 2. Few rehabilitation homes exist within the county 3. There are high numbers of youth and families in need of substance abuse and mental health services in Decatur County
2. Generational Substance Abuse	1. Adults and youth underappreciate the ramifications of substance abuse 2. Poverty, transportation, and accessibility contribute to substance abuse by youth and adults 3. The adults in the Decatur County misuse illegal substances due to poor family relationships
3. Lack of Prevention Methods among children and teens in schools.	1. Counselor unable to keep up with educational counseling, mental health counseling, and substance abuse counseling 2. The number of youth that have reported drinking alcohol, using nicotine, or using illegal drugs is significant 3. Teens do not understand the severity of substance abuse and how it can destroy their future

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
<p>1. There are high numbers of youth and families in need of substance abuse and mental health services in Decatur County</p>	<p>23.0% of Decatur County adults report using an opioid drug (prescribed or not) in the past year.</p> <p>Women (22.5%) and individuals of low socioeconomic status (29.6%) reported fair to poor mental health.</p> <p>13.9% of adults are “excessive drinkers,” lower than found statewide (22.5%) or nationally (25.4%).</p> <p>59% of individuals viewed mental health as a major problem. Top reasons for major problems related to access to treatment, lack of providers, and denial/stigma. These areas were suggested by the consulting firm.</p>	<p>Community Health Needs Assessment-2019-2021</p> <p>Decatur County Community Health Needs Assessment Implementation Strategy (1).pdf</p>
<p>2. Lack of importance on connections within the community and family units</p>	<p>Children in Need of Services (CHINS) Rate per 1,000 Children, Under Age 18 was 45.7, ranking #5 out of all Indiana Counties</p> <p>Percentage of Single Parent Families is 32.4% in 2018</p>	<p>2020 Indiana KIDS COUNT© DATA BOOK</p> <p>2020Decatur.pdf (d3n8a8pro7vhmx.cloudfront.net)</p>
<p>3. The number of youth that have reported drinking alcohol, using nicotine, or using illegal drugs is significant</p>	<p>Percentage reporting monthly use of alcohol, tobacco, and other drugs</p> <p>7th grade-6.3%</p> <p>8th grade-9.9%</p> <p>9th grade-17.5%</p> <p>10th grade-19.7%</p> <p>11th grade-21.3%</p> <p>12th grade-21.7%</p>	<p>Indiana Youth Survey 2020</p> <p>indianaYouthSurvey_2020.pdf</p>

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Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. There are high numbers of youth and families in need of substance abuse and mental health services in Decatur County	1. Expanding treatment options for children and families (e.g. in patient and outpatient therapy; residential treatment) 2. Strengthening community partnerships and providing information to the county regarding mental health and the effects of trauma 3. School partnerships focused on mental health and substance use
2. Lack of importance on connections within the community and family units	1. System connectivity of programs and policies that focuses on reconnection of children with parents coming from corrections system 2. Family focused education focused on mental health and substance use 3. Expand Community events focused on family and connection
3. The number of youth that have reported drinking alcohol, using nicotine, or using illegal drugs is significant	1. School partnerships focused on mental health and substance use 2. Expanding prevention education in schools 3. Family focused education focused on mental health and substance use

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1
Goal 1

<p>Youth aged 6th grade-12th grade will improve their social-emotional learning skills by 1% through research based SEL lessons in school by the end of the 2023-2024 school year in Decatur County</p>
<p>Goal 2</p> <p>Increase awareness about the available treatment services in Decatur County Residents by 1% through social media campaign and hosting 2 outreach events in 2023-2024.</p>
<p>Problem Statement #2</p>
<p>Goal 1</p> <p>Decrease the substance abuse in adults by 1% in Decatur County in 2023-2024.</p>
<p>Goal 2</p> <p>Increase family support for the individuals struggling with substance abuse by 1% through posting educational material on Community Action Coalition facebook page in 2023-2024.</p>
<p>Problem Statement #3</p>
<p>Goal 1</p> <p>10% of Decatur County youth in grades 7-12 will participate in substance abuse education by the end of the 2023-2024 school year.</p>
<p>Goal 2</p> <p>Decrease the use of illegal substance, nicotine and tobacco in youth by 1% in Decatur County in 2023-2024.</p>

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
<p>Goal 1</p> <p>Youth aged 6th grade-12th grade will improve their social-emotional learning skills by 1% through research based SEL lessons in school by the end of the 2023-2024 school year in Decatur County</p>	<p>1.Advertise and hold events</p> <p>2.Identify community partners to work with regarding rebuilding families and rebuilding juveniles perspective on life.</p> <p>3.Connect with local police and create a booth at National Night Out events to disperse information regarding mental health and substance abuse</p>
<p>Goal 2</p> <p>Increase awareness about the available treatment services in Decatur County Residents by 1% through social media campaign and hosting 2 outreach events in 2023-2024</p>	<p>1.Advertise and hold events</p> <p>2. Find credible information to release on social media</p>

	3.Support organizations with awareness campaigns
Problem Statement #2	Steps
<p>Goal 1</p> <p>Decrease the substance abuse in adults by 1% in Decatur County in 2023-2024.</p>	<p>1.Collaborate with local churches regarding the importance of family connection</p> <p>2.Increase awareness campaigns regarding togetherness and the value of connection</p> <p>3.Advertise and hold events</p>
<p>Goal 2</p> <p>Increase family support for the individuals struggling with substance abuse by 1% through posting educational material on Community Action Coalition facebook page in 2023-2024.</p>	<p>1.Identify current platforms and obtain login information</p> <p>2.Find credible information to release on social media</p> <p>3.Ensure to post at least one time per week</p>
Problem Statement #3	Steps
<p>Goal 1</p> <p>10% of Decatur County youth in grades 7-12 will participate in substance abuse education by the end of the 2023-2024 school year.</p>	<p>1.Secure Support from county school leaders</p> <p>2.Secure a Public Speaker with experience in addiction (review presentation)</p> <p>3.Coordinate with schools to schedule presentation.</p>
<p>Goal 2</p> <p>Decrease the use of illegal substance, nicotine and tobacco in youth by 1% in Decatur County in 2023-2024.</p>	<p>1.Locate/Communicate with local providers</p> <p>2.Obtain information about services in depth</p> <p>3.Develop documents to place on school website and to disperse in schools</p>

IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile		
1	Amount deposited into the County DFC Fund from fees collected last year:	\$36,600.18
2	Amount of unused funds from last year that will roll over into this year:	\$101,389.27
3	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$137,989.45
4	Amount of funds granted last year:	\$37,813.33
Additional Funding Sources (if no money is received, please enter \$0.00)		
A	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
B	Centers for Disease Control and Prevention (CDC):	\$0.00
C	Bureau of Justice Administration (BJA):	\$0.00
D	Office of National Drug Control Policy (ONDCP):	\$0.00
E	Indiana State Department of Health (ISDH):	\$0.00
F	Indiana Department of Education (DOE):	\$0.00
G	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
H	Indiana Family and Social Services Administration (FSSA):	\$0.00
I	Local entities:	\$0.00
J	Other:	\$0.00
Categorical Funding Allocations		
Prevention/Education: \$15,000	Intervention/Treatment: \$15,000	Justice Services: \$15,000
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator compensation		\$9600
Office supplies		\$1200
Funding Allocations by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$7500	Goal 1: \$7500	Goal 1: \$7500
Goal 2: \$7500	Goal 2: \$7500	Goal 2: \$7500

April 1 2023-March 1 2024