



# Indiana Pregnancy Promise Program

Promoting Recovery from Opioid use:  
Maternal Infant Support and Engagement

2023

## ANNUAL REPORT



### BACKGROUND

The Indiana Family and Social Services Administration recognizes substance use disorder is among the top contributing factors to maternal mortality in the state, per the [Maternal Mortality Annual Report](#). To combat this and improve outcomes for mothers and infants, Indiana was one of 10 states to receive a five-year federal award known as the Maternal Opioid Misuse (MOM) Model from the Centers for Medicare and Medicaid Services. FSSA has partnered with the Medicaid managed health plans to offer enhanced case management and care coordination services to remove barriers and improve access to care for pregnant Medicaid members and their infants impacted by opioid use disorder. This report summarizes the preliminary findings from July 1, 2021–June 30, 2023.

**QUICK STATS: 543** enrollees, **451** infants born to date, **84** counties with program enrollees and **68** outreach events held across the state in Years 1 and 2 combined

### PURPOSE

This is a free, voluntary program for pregnant and postpartum Medicaid members and their infants impacted by OUD. Goals of the program are to:

- » Connect individuals to prenatal, postpartum and other physical health care
- » Address mental health and behavioral health conditions
- » Assist individuals with entering OUD treatment and recovery services
- » Help participants acquire health-related social needs such as safe housing, transportation, nutrition
- » Provide hope and set a strong foundation for the future

Importantly, ANYONE can make a confidential referral to this program at [www.pregnancypromise.in.gov](http://www.pregnancypromise.in.gov).

This publication is supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$5,211,309 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government. The findings within are specific to Indiana and do not represent those of the federal evaluation.

### OUTCOMES AND IMPACT

#### PARTICIPANTS

- 364** enrolled during pregnancy
- 179** enrolled in the early postpartum period
- 94%** Maintained recovery through 12 months postpartum
- 89%** Engaged in tobacco intervention
- 88%** Engaged in prenatal care
- 85%** Participated in formal OUD treatment

#### INFANTS

- 83%** Born within a healthy birth weight range
- 72%** Discharged home within five days of birth
- 53%** Received breastmilk
- 45** Children benefited from childcare funds resulting from parental participation in the Pregnancy Promise Program



### WHAT OUR PREGNANCY PROMISE PROGRAM CASE MANAGERS WANT YOU TO KNOW

“This role allows me to be a nurse, an advocate, a voice, a listening ear, a resource, a lifeline and a cheerleader. I love seeing mothers feel empowered to make changes on their own, something they may have not imagined that they could do. It is inspiring to see these mothers grow into the person they deep down believed they could be but needed support to get there.”

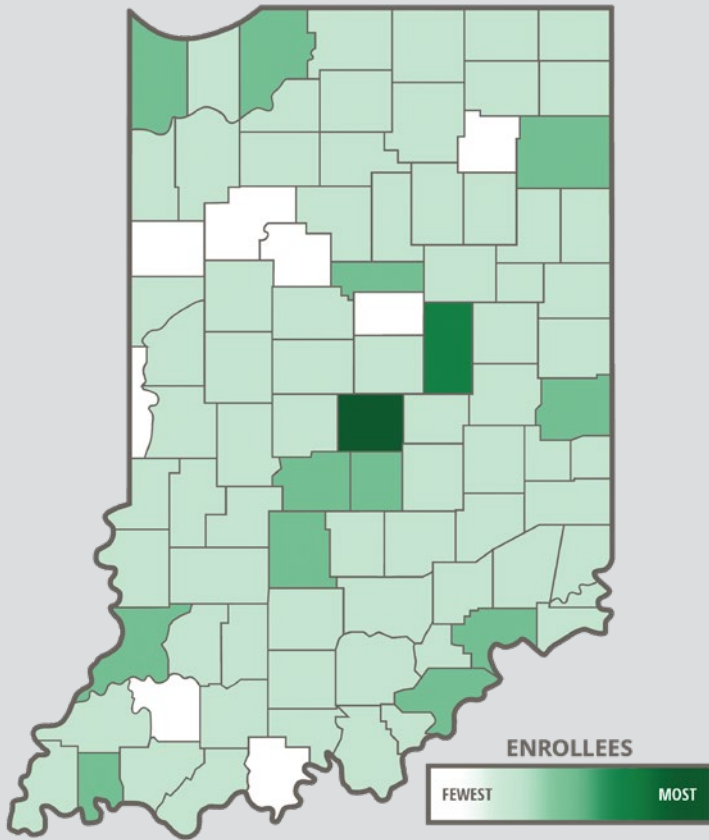


# Indiana Pregnancy Promise Program

Promoting Recovery from Opioid use:  
Maternal Infant Support and Engagement

2023

## ANNUAL REPORT



### PARTICIPANT SUCCESS STORY

“Growing up, I always lived in chaos. I kept a toothbrush in my purse. People were always coming into the home, sometimes to use drugs. Now, with the help of the Pregnancy Promise Program, they helped me get housing and advocated for me. I am so happy to live in peace in my own space with my baby. I have full time custody of him, I work and have help with child care.”

**2,114** Much of the success of the Pregnancy Promise Program is attributed to helping participants access resources for health-related social needs for family well-being. The Pregnancy Promise Program has made 2,114 referrals for housing, transportation, nutrition and other services on behalf of participants.



**1,950** professionals from health care and related disciplines have participated in virtual training sessions developed in partnership between the Pregnancy Promise Program and IU School of Medicine, Department of Psychiatry Project ECHO (Extension for Community Healthcare Outcomes). As a result, professionals have increased their knowledge and ability to provide care, while working to actively understand and reduce stigma associated with substance use disorder during pregnancy.



### LOOKING AHEAD: PROGRAM GOALS

- » Improve outreach to mothers from minority populations
- » Emphasize postpartum follow-up care and access to long-acting reversible contraceptives
- » Address mental health needs of participants
- » Promote provider referrals to the program
- » Continue family preservation and DCS prevention efforts
- » Reduce stigma around treatment for substance use disorder



The Pregnancy Promise Program would like to thank the statewide steering committee members and the numerous partners across the state who are dedicated to serving children and families and have greatly contributed to the success of this program.