



Resources to explore while on the Aged and Disabled Waiver Waiting List:

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### ***INconnect Alliance***

[www.in.gov/fssa/inconnectalliance/](http://www.in.gov/fssa/inconnectalliance/)

The INconnect Alliance website includes a link to search online for resources by category. The website also includes information about the Aging and Disability Resource Centers throughout the state of Indiana, including contact information. You may connect with your local ADRC or Area Agency on Aging to receive information and resources specific to your location. You may also reach INconnect Alliance by phone at 800-713-9023.

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### ***Apply for Medicaid***

[www.in.gov/medicaid/members/apply-for-medicaid/](http://www.in.gov/medicaid/members/apply-for-medicaid/)

If you do not have Medicaid coverage, this website provides information and instructions for completing a Medicaid application. If eligible, Medicaid may cover services such as home health care or durable medical equipment.

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### ***Indiana 211***

<https://in211.communityos.org/>

Indiana 211 is a statewide database which will allow you to locate resources in your area covering a wide range of needs. You may also access information by phone at 2-1-1 or 866-211-9966.

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### ***988 Suicide and Crisis Lifeline***

<https://988indiana.org/>

If you are experiencing a mental health or substance use crisis, dial 9-8-8 to speak with a trained specialist 24/7.

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## **Family Caregiver Program**

[www.in.gov/fssa/da/older-americans-act-family-caregiver-support/](http://www.in.gov/fssa/da/older-americans-act-family-caregiver-support/)

The Family Caregiver can provide services and support to:

- Individuals caring for loved ones who are age 60 and older;
- Older relatives (not parents) age 55 and older who are caring for a child;
- Older relatives (including parents) age 55 and older who are caring for an individual with a disability between the ages of 18 and 59; and
- Adult family members or other informal caregivers providing care to individuals of any age with Alzheimer's Disease and related disorders.

This program has limited availability through your local AAA. Contact your local AAA, which can be located on the [INconnect Alliance website](#) or by calling 800-713-9023.

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## **First Steps Early Intervention Services**

[www.in.gov/fssa/firststeps/home/](http://www.in.gov/fssa/firststeps/home/)

The First Steps program ensures that all Indiana families with infants and toddlers (birth to third birthday) experiencing developmental delays or disabilities have access to early intervention services. First Steps brings families together with a local network of professionals from education, health and social service agencies.

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## **State Health Insurance Assistance Program**

<https://www.in.gov/ship/>

The State Health Insurance Assistance Program provides Medicare counseling to Medicare-eligible individuals. You can locate your local SHIP office by following this link or by calling 800-452-4800.

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## **Alzheimer's Association, Indiana Chapter**

[www.alz.org/indiana](http://www.alz.org/indiana)

The Alzheimer's Association has a variety of resources to support individuals and families who provide daily care, participate in decision-making or simply care about someone with the disease. More information is available on the Alzheimer's Association website or by calling 800-272-3900.

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## **Program of All-Inclusive Care for the Elderly**

[www.in.gov/fssa/da/program-of-all-inclusive-care-for-the-elderly/](http://www.in.gov/fssa/da/program-of-all-inclusive-care-for-the-elderly/)

PACE provides services to enable seniors to live safely in their homes as long as possible.